

Balsamic Chicken and Lemon Quinoa Buddha Bowl

Nutrition Facts

Serving Size: (454g)

Servings Per Container: 1

Amount Per Serving

Calories 430 Calories from Fat 160

% Daily Value*

Total Fat 17g **26%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 105mg **35%**

Sodium 800mg **33%**

Total Carbohydrate 27g **9%**

Dietary Fiber 4g **16%**

Sugars 7g

Protein 41g

Vitamin A 160% • Vitamin C 120%

Calcium 20% • Iron 45%

* Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SPRING MIX, CHICKEN, QUINOA, LEMON JUICE, TOMATOES, RED ONION, OLIVES, BALSAMIC VINEGAR, OLIVE OIL, FETA CHEESE, PARSLEY, BLACK PEPPER, ONION POWDER, KOSHER SALT

WHAT'S FOR SUPPER, INC.
120 GREENE STREET
HUNTSVILLE, AL 35801