## **Breakfast Chile Relleno**

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Nutrition F	aCL5
1 serving per container <b>Serving size</b>	(454g)
Amount Per Serving Calories	<u>540</u>
% Daily Value*	
Total Fat 28g	36%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 235mg	78%
Sodium 1010mg	44%
Total Carbohydrate 51g	19%
Dietary Fiber 8g	29%
Total Sugars 19g	
Includes 0g Added Sugars	0%
Protein 24g	
Vitamin D 1.9mcg	10%
Calcium 60mg	4%
Iron 4.5mg	25%
Potassium 1380mg	30%
* The % Daily Value (DV) tells you how mu	uch a nutrient in a

INGREDIENTS: PLANTAINS, CHORIZO, EGG, ONION, RED BELL PEPPERS, POBLANO PEPPER, BLACK PEPPER, KOSHER SALT

serving of food contributes to a daily diet. 2,000 calories a

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day is used for general nutrition advice.