

Chicken Shallots Grapes

Nutrition Facts

1 serving per container

Serving size (454g)

Amount Per Serving

Calories 490

% Daily Value*

Total Fat 20g 26%

Saturated Fat 3.5g 18%

Trans Fat 0g

Cholesterol 120mg 40%

Sodium 710mg 31%

Total Carbohydrate 50g 18%

Dietary Fiber 5g 18%

Total Sugars 26g

Includes 0g Added Sugars 0%

Protein 34g

Vitamin D 0.2mcg 0%

Calcium 80mg 6%

Iron 3.6mg 20%

Potassium 1060mg 25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CHICKEN, SHALLOTS, GRAPES, GARLIC, EXTRA VIRGIN OLIVE OIL, THYME, KOSHER SALT, BLACK PEPPER

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