

Lemon Chicken

Nutrition Facts

Serving Size: 16 oz (454g)

Servings Per Container: 1

Amount Per Serving

Calories 330 Calories from Fat 140

% Daily Value*

Total Fat 16g **25%**

Saturated Fat 11g **55%**

Trans Fat 0g

Cholesterol 85mg **28%**

Sodium 112110mg **4671%**

Total Carbohydrate 11g **4%**

Dietary Fiber 4g **16%**

Sugars 6g

Protein 39g

Vitamin A 50% • Vitamin C 140%

Calcium 4% • Iron 25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: KOSHER SALT, CHICKEN, ASPARAGUS, MUSHROOMS, RED BELL PEPPERS, COCONUT MILK, LEMON JUICE, COCONUT OIL, GARLIC, LEMON ZEST

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