

# Braised Pork Shoulder Roasted Vegetables

## Nutrition Facts

Serving Size: 16 oz. (454g)

Servings Per Container: 1

### Amount Per Serving

**Calories** 390      Calories from Fat 190

**% Daily Value\***

**Total Fat** 21g      **32%**

Saturated Fat 4g      **20%**

*Trans* Fat 0g

**Cholesterol** 75mg      **25%**

**Sodium** 930mg      **39%**

**Total Carbohydrate** 25g      **8%**

Dietary Fiber 4g      **16%**

Sugars 10g

**Protein** 26g

Vitamin A 50%      •      Vitamin C 160%

Calcium 8%      •      Iron 20%

\* Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on  
your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: PORK SHOULDER, RED BELL PEPPERS, TOMATOES, ARTICHOKE HEARTS, RED ONION, LEMON JUICE, BLACK OLIVES, BALSAMIC VINEGAR, GARLIC, EXTRA VIRGIN OLIVE OIL, PAPRIKA, BASIL, BLACK PEPPER, KOSHER SALT, THYME

WHAT'S FOR SUPPER, INC.

120 GREENE STREET

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