

Salmon with Broccolini IP

Nutrition Facts

Serving Size: 12 oz (340g)

Servings Per Container: 1

Amount Per Serving

Calories 300 Calories from Fat 110

% Daily Value*

Total Fat 12g **18%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 610mg **25%**

Total Carbohydrate 19g **6%**

Dietary Fiber 7g **28%**

Sugars 6g

Protein 30g

Vitamin A 25% • Vitamin C 100%

Calcium 15% • Iron 15%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: SALMON, BROCCOLINI , LEMON JUICE, SCALLIONS, RED BELL PEPPER, EXTRA VIRGIN OLIVE OIL, KOSHER SALT, BLACK PEPPER, DILL, RED PEPPER FLAKES

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