

# Stir Fry Portobellos, Vegetables IP

## Nutrition Facts

Serving Size: 12 oz (340g)

Servings Per Container: 1

### Amount Per Serving

**Calories** 270      Calories from Fat 180

### % Daily Value\*

**Total Fat** 20g      **31%**

Saturated Fat 2g      **10%**

*Trans* Fat 0g

**Cholesterol** 0mg      **0%**

**Sodium** 550mg      **23%**

**Total Carbohydrate** 19g      **6%**

Dietary Fiber 7g      **28%**

Sugars 10g

**Protein** 8g

Vitamin A 90%      •      Vitamin C 300%

Calcium 8%      •      Iron 15%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: PORTOBELLO MUSHROOMS, RED BELL PEPPERS, SNOW PEAS, BROCCOLI, SCALLIONS, GRAPE SEED OIL, SOY SAUCE, SESAME OIL, PARSLEY, GARLIC, SAMBAL OIELEK, GINGER

CONTAINS: SOY

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