Ground Beef Stuffed Tomatoes - Tomato Tacos

| Nutrition F | <u>acts</u> |
|---|-------------|
| 1 serving per container Serving size 16 oz (454g) | |
| Amount Per Serving | |
| Calories | 370 |
| % Daily Value* | |
| Total Fat 16g | 21% |
| Saturated Fat 5g | 25% |
| Trans Fat 0.5g | |
| Cholesterol 75mg | 25% |
| Sodium 450mg | 20% |
| Total Carbohydrate 30g | 11% |
| Dietary Fiber 10g | 36% |
| Total Sugars 14g | |
| Includes 0g Added Sugars | 0% |
| Protein 27g | |
| Vitamin D 0.1mcg | 0% |
| Calcium 80mg | 6% |
| Iron 10.3mg | 60% |
| Potassium 780mg | 15% |

serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GREEN PEPPERS, ROMA

The % Daily Value (DV) tells you how much a nutrient in a

TOMATOES, GROUND BEEF, RED BELL PEPPERS, GREEN CABBAGE, SCALLIONS, CELERY, GREEN CHILI PEPPERS, EXTRA VIRGIN OLIVE OIL, CHILI POWDER, KOSHER SALT, BLACK PEPPER, CUMIN

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