

Turkey Chili

Nutrition Facts

Serving Size: (454g)

Servings Per Container: 1

Amount Per Serving

Calories 460 Calories from Fat 120

% Daily Value*

Total Fat 13g **20%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 100mg **33%**

Sodium 570mg **24%**

Total Carbohydrate 33g **11%**

Dietary Fiber 9g **36%**

Sugars 8g

Protein 52g

Vitamin A 40% • Vitamin C 140%

Calcium 10% • Iron 30%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: CHICKEN STOCK, GROUND TURKEY, DICED TOMATOES, BLACK BEANS, RED BEANS, RED BELL PEPPERS, GREEN PEPPERS, CILANTRO, GRAPESEED OIL, JALAPENOS, CHILI POWDER, KOSHER SALT, CUMIN, COCOA, OREGANO, RED PEPPER FLAKES

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